

Starting from the experience of the previous 15 Mattoni (bricks) of the Italian Health System [www.nsis.salute.gov.it](http://www.nsis.salute.gov.it), the Project Mattone Internazionale aims at increasing the role of the regional health systems and policies in Europe by strengthening their competences in investigating opportunities offered by the European Union and other international organizations ("bringing the health system and policies of the Italian regions in Europe and Europe in the health systems of the Italian regions").

Under the auspices of the Italian Ministry of Health the Veneto Region is coordinating the project with the support of the Tuscany Region (co-coordinator).

The project foresees the implementation of educational and information activities addressed to Ministry organizations, Italian Regions, local social-health authorities, hospitals as well as other stakeholders involved in health topics, in order to promote the dissemination of EU policies and opportunities to access EU financed programs in the framework of health, research and innovation in the national territory.

In addition, the project will activate specific mechanisms for the promotion and participation of all qualified stakeholders to European and international health policies.



# PROGETTO MATTONI INTERNAZIONALE

## "EIP-AHA WORKSHOP ON NUTRITION"

Testing and implementing an integrated  
approach to nutrition:  
from assessment to personalized interventions

**17<sup>th</sup> October 2014**

**Hotel Shangri Là Corsetti**  
**Viale Algeria 141**  
**Rome**

**For any further information please contact:**  
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## Agenda

<b>09:00</b>	<b>Registration</b>
<b>Moderator:</b>	<b>A. Addis</b>
<b>09:45</b>	Introduction: the relevance of Nutrition in the Italian perspective
<b>10:00</b>	<b>M. Illario</b> - The Consensus Document of the EIP-AHA A3 Nutrition Group. Testing and implementing an integrated approach to nutrition: from assessment to personalized interventions
<b>10:20</b>	<b>I. Garcia Sanchez</b> - The cause of malnutrition at EU level: the EIP perspective
<b>10:40</b>	<b>J. Farrel</b> - The perspective of EU RS on the scale up strategies and methodologies that might support the deployment of activities for adequate nutrition
<b>11:00</b>	<b>M. Silano</b> - JPI: a healthy diet for a healthy life, EU action tackling malnutrition
<b>11:20</b>	<b>H. Jager-Wittenaar</b> - Screening, assessment and monitoring of malnutrition
<b>11:40</b>	<b>A. Rauter</b> - The relevance of knowledge generation on food supplements, integrators and innovative biomarkers

<b>12:00</b>	<b>E. Goossens</b> - The culinary approach to sustainable nutrition
<b>12:20</b>	<b>P. Campiglia</b> - Food supply, agriculture and nutritional interventions for health promotion and disease prevention
<b>12:40</b>	<b>N. Braz</b> - Dissemination, empowerment and training to support an effective nutritional approach to AHA
<b>13:00</b>	<b>B. Geuns</b> - The ICT framework to support the European Nutritional Approach
<b>13:20</b>	<b>Questions &amp; Answers</b>
<b>13:30</b>	<b>Light lunch</b>
<b>Moderator:</b>	<b>H. Griffiths</b>
<b>14:30</b>	<b>Round Table</b> - Common work and synergies <b>Discussants: Pedro Graça, Tobias Hartman, Helen Griffiths, Patrizia Brigidi, Regina Roller-Wirnsberger,</b>
<b>16:00</b>	<b>Closing Remarks</b>

## Speakers

- Antonio Addis, coordinator of Italian Reference Sites, Emilia-Romagna Region, Italy
- Maddalena Illario, Department of Translational Medical Sciences, Federico II Medical School, Italy
- Ines Garcia Sanchez, EC – DG Sanco
- John Farrel, Department of Health, Social Services and Public Safety, Healthcare Transformation Directorate, Belfast, Northern Ireland
- Marco Silano, Department of Nutrition and Health, Istituto Superiore di Sanità, Italy
- Harriët Jager-Wittenaar, Clinical Malnutrition and Healthy Ageing, The Netherlands
- Amelia Pilar Rauter, Faculty of Sciences, University of Lisbon, Portugal
- Edwig Goossens, Center for Gastrology, Leuven, Belgium
- Pietro Campiglia, University of Salerno - Department of Pharmacy, Italy
- Nidia Braz, CES, University of Algarve, Portugal
- Bjorn Geuns, Primary Food Care vzw, Belgium
- Pedro Graça, Directorate-General of Health (DGS), Ministry of Health of Portugal
- Helen Griffiths, School of Life and Health Sciences, Aston University, United Kingdom
- Tobias Hartman, Experimental Neurology, Medical Campus of the Saarland University, Germany
- Regina Roller-Wirnsberger, Medical University of Graz, Austria
- Patrizia Brigidi, University of Bologna, Italy